

“Big Picture” Approach



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- **Healthy Social & Emotional Development for 0-3yr olds**
- **Broad Level Approach**
 - Universal Prevention
 - Targeted Prevention
 - Therapeutic/Treatment Programmes

CMDHB population

- **38,967 children aged 0-4 in CMDHB**
 - 26% Maaori
 - 31% Pacific
 - 13% Asian
 - 30% "Other"

(2008 projections from 2006 Census data)

Counties Manukau – high “adverse events”

- Socio-economic deprivation
 - (50% of 0-4 live in Decile 9-10 areas)
- High levels of loss and trauma within Maaori
- High levels of substance abuse
- High levels of domestic violence
- High levels of mental health problems in adults
- High rates of non-accidental injury indicating high levels of child abuse

What Are We Doing? Key Challenges

- **Ensuring a Joined Up Approach**
 - Cross organisational
 - Inter-sectoral
- **Addressing Disparities**
- **Workforce Development**
- **Developing & Funding New Initiatives**



What are we Doing? Joined Up Approach

- Infant Mental Health Working Group
- Infant Mental Health Plan
- Identify options for inter-sectoral collaboration

What are we doing? Workforce Development



- Primary Care
- Child Health Services
- Specialist Infant Mental Health Services

What are we doing? Addressing Disparities

Adapting International Approaches for Local Need:

- Atawhaingia Te Pa Harakeke
- Hoki Ki Te Rito – Local Adaptation of Mellow Parenting Programme
- Infant Communication DVD

What are we doing? Developing New Services

Specialist Infant Mental Health Services

- Mainstream
- He Kakano



"The most important factor for healthy development is attentive, nurturing and stable relationships with "invested" adults"