

# Needs Assessment and Care Planning

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# Overview

- Well Child Tamariki Ora
- Review of the Framework
- Evidence on needs assessment
- What will be different?
- Proposed process
- Sector feedback
- Pilot



# Well Child Tamariki Ora

- Universal health assessment, health promotion and support service for children and their whanau from birth to five years
- 8 universal core contacts between the ages of six weeks and five years.
- Additional targeted services for whanau/families with higher needs



# Review of WCTO Framework


Sector feedback and evidence shows:

- The 2002 Framework's risk assessment approach and the use of deprivation index and first time parent status as a proxy for need and the targeting of services has limitations.



# Rationale

- Be sure that we are achieving good outcomes for all children, families and whanau
- Government wants to know that we are getting good value for the money invested in the Well Child Tamariki Ora Programme
- Best use of additional visits
- Save professional and families time – parents don't have to repeat their story



# Evidence for Needs Assessment

- The Review supports Well Child/Tamariki Ora practitioners having the flexibility to be more responsive to individual family and whanau needs, particularly vulnerable families and whanau.
- Better co-ordinated with maternity and other primary care and early childhood services



# evidence cont.

- Need to improve assessment of range of factors influencing family/whanau wellbeing, particularly psychosocial factors e.g. infant-parent attachment, PND, family violence
- Provide a process for determining the intensity of support or care required




# evidence cont.

- Should be strengths-based and not just risk-based (Whanau Ora)
- Family partnership model important
- Professional judgement important – appropriately prepared, knowledge of community, ability to build relationships
- Not prescriptive but need a common language and understanding of criteria for assessing level of need – equity and consistency



# What will be different?

- Additional visits currently allocated on basis of first time parent status, deprivation level and a range of risk factors – not necessarily based on individual family/whanau need
- Strengths-based: assessing balance of risk and resiliency factors
- Standardised notes - start in pregnancy and pre-populate Well Child record.



# What will be different? cont.

- Formally recognises key assessment and transition points
- Recording information in a consistent way to evaluate whether making a difference
- Better transfers of care and consistency for every child regardless of who provides the service contact (LMC, WCTO, GP)



# Proposed process

- Build trusting relationship with the family/whanau critical first step
- With family/whanau, identify and record needs within key domains
- Analyse information gathered
- Assess and act on immediate risks
- Assess level of additional need – significant concerns? Can you deal with it and/or do you refer to another service?



# Care Plan

- Develop and record care plan with family/whanau
- Review and evaluate the plan with family/whanau:
  - Has progress been made against goals?
  - Have strengths and needs changed?
  - Does the plan need to be revised?



# Assessing Needs

- Begins in pregnancy with LMC and at birth
- Transfer care and pass on information to WCTO provider and General Practice
- Ongoing assessment within the Well Child Programme



# Support for providers

- Training/Education
- Updated Well Child Handbook
- Clinical support and supervision
- Information collection/standards – consistency, quality improvement



# Sector feedback

- Regional Hui in November 2009 and written submissions
- General support for needs assessment and care plan process
- Agree need for workforce and infrastructure support
- Not just professional judgment – needs a systems approach



# feedback cont.

- Need to keep Whanau Ora at the forefront
- Concern families with the highest need will view it as a threatening process
- Needs to better incorporate Primary Care



# Pilot

- Werry Centre
- Build on the Draft Needs Assessment and Care Plan process background document, and sector feedback
- Whanau Ora Health Impact Assessment



# Pilot cont.

- Establish Advisory Group
- Scan workforce and sector
- Finalise Needs Assessment and Care Plan process



# Pilot cont.

- Identify Pilot Sites
- Develop Training
- Pilot training and track assessments
- Evaluation
- National implementation including training



# Key Contact

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