



The Werry Centre

for Child and Adolescent Mental Health Workforce Development

November 2009

Greetings from The Werry Centre

Project Update:

CAMHS Electronic Learning Resource

Since early August, Lyn Dawson, Louise Dentice and Mathijs Lucassen have been working together on a new Werry Centre project; **The CAMHS Electronic Learning Resource**.

The Werry Centre's existing resource, *Child and Adolescent Mental Health in Aotearoa/New Zealand* (Lucassen, Doherty and Merry, 2005) was originally written as an undergraduate resource but has been widely used by CAMHS staff and students. This resource was in the form of a workbook and three interactive CD ROMs. The new e-learning project will adapt this information and 'translate' it into a web-based learning resource and it will be suitable for those new to working in child and adolescent mental health services.

Module one will contain the following clinical content: An introduction to CAMHS, developmental considerations, engagement tips, assessments and interventions in CAMHS. Moodle is being used, a web-based e-learning platform to deliver the resource and anticipate using a blended learning environment using audio and video clips, text, quizzes and other interactive exercises.

It is anticipated that module one will be completed before the end of 2009 and that further modules will follow next year.

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Project Update:

Real Skills Plus

The Werry Centre is pleased to announce that the *Real Skills Plus CAMHS* training compendium is now complete. This manual is a step by step guide that assists DHBs to implement the *Real Skills Plus CAMHS* competency framework.

The implementation team has been extended to include representatives from both the Auckland and Christchurch offices of the Werry Centre and the team members are looking forward to assisting your service and teams implement *Real Skills Plus CAMHS*.

Teams may implement the framework independently, or may choose to utilise the support of the Werry Centre. Several DHB CAMHS have already started the implementation process.

Te Pou have also completed the **Let's get real enablers**

to support the implementation of *Let's get real*. These are available at <http://www.tepou.co.nz/download-resources/>.

If you would like to find out more about implementing *Real Skills Plus CAMHS* at your DHB please do not hesitate to contact the Werry Centre, please email: coordinator@werrycentre.org.nz

Real Skills Plus CAMHS can be downloaded from our website: www.werrycentre.org.nz

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Project Update:

Youth Consumer Participation

The most recent and exciting thing in the project over the last couple of months has been the youth forum for Youth Consumer Advisors on the 21st October 2009 in Auckland. There are now nine Youth Consumer Advisors employed across the country and it was great to meet some of the newer people as well as catch up with all the others. Updates and information was shared and the Youth Consumer Advisors had some fun problem solving some of the issues they face in their roles.

These forums held once a year have been incredibly beneficial in reducing the isolation Youth Consumer Advisors can feel in their role as well as fostering ongoing communication in between face to face meetings.

'What to do, how to do it and everything in between. A resource for Youth Consumer Advisors' is available in print for Youth Consumer Advisors and it can be downloaded from the [Publications](#) page on the Werry Centre website.

Also keep watching this space for the publication of the 2nd edition of "Not Just Another Participation Model... Guidelines for Enabling Effective Youth Consumer Participation in CAMH and AOD Services in New Zealand" which will include Maori and Pacific chapters. www.werrycentre.org.nz?t=9

Project Update:

Family Whānau Participation

A 'Participating in Partnership' workshop was held in October for the Capital and Coast, Hutt Valley, and Wairarapa DHB CAMH /AoD services. The workshop aims to provide information and strategies for working alongside families in the delivery of services to their child/young person; and in the development and evaluation of these services. It provides participants with practical tips on achieving these strategies.

This is an excellent opportunity for CAMH/AOD Funders and Planners, Managers, Clinicians, and Family/Whānau Advisors to gain information on how to effectively support family partnerships within your service. For more information or a workshop for your service, please contact

The RISE grant recipients have also been busy with their projects. Blue Out Project (Wanaka) held their debut alcohol and drug free event "Blue Moon Party" at the Lake Wanaka Centre on July 24th. The party was for 14 -17 year olds and featured Albert town DJYO! Rudy.

The event was very successful with over one hundred youth attending. The dance party was the first in a series of events to be held under the Blue Moon banner. Radio Jam, DIVINQ and Striding Forward have all successfully completed their projects.

Check out the Completed Projects page on www.rise.org.nz for photos and more info about how other projects have gone.

The second round of RISE grants has now closed and the Werry Centre will be announcing grant recipients in the next few weeks. However check out www.rise.org.nz for more info about RISE and find us on Facebook and Bebo by searching for RISE NZ.

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'Participating in Partnership and more', the resource for family/whānau in advisory positions is now available in print or can be downloaded from the publications page on the Werry Centre website www.werrycentre.org.nz?t=9. It has some helpful information for CAMHS Family Advisors and family/whānau who are working voluntarily in CAMH/AoD services.

Trish Lumb, Project Leader

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Project Update:

Mental Health Placement Project

The Werry Centre is pleased to have received funding for another year to provide mental health placement support to students in Canterbury.

The "Fieldwork Supervisors Workshop: Building Successful Quality Student Placements" was held earlier this year. The workshop was open to team members across disciplines that provide supervision/support to students on placements within Child & Adolescent Mental Health and Alcohol and other Drug (AOD) services in Canterbury.

The focus of the half day workshop was twofold:

- On preparedness, from the perspective of the service/organization, team, and the fieldwork supervisor.
- On the challenges of working with a student who is 'failing'. Should these students be given 'the benefit of the doubt'?

The objectives were to:

- Increase quality of student placement by being well prepared
- To explore the principles of student assessment in practice and their application in the context of failing students from a personal, professional and practice development perspective
- To discuss common inter disciplinary challenges related to student placements

The attendees included representatives from the Tertiary education providers (Clinical Psychology, Social Work and Nursing), Non Government Organisations (NGOs) and Child, Adolescent, & Family Service (CAFS), CDHB.

Karen Moke, Project Leader

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Project Update:

Incredible Years—Parent Management Training

The Incredible Years Team has been keeping busy at the Werry Centre. Nicola Peeperkoorn has joined the project as the Project Coordinator to assist Ingrid Altena, the Project Leader. We know Nicola's work will make a huge contribution to ensuring the smooth running of our Incredible Years Project.

Dianne Lees and Lesley Stanley (GSE) recently attended the international mentor training in Vancouver. They have come back to New Zealand full of inspiration and great ideas to share in future Incredible Years development.

Great news for Jan Connolly from WDHB, she has now joined our team of fully Accredited Parent Group leaders here in New Zealand. Make sure to look on the website for the registration forms to join the 2010 intake busily working away towards Accreditation www.werrycentre.org.nz

You will also be receiving the end of year evaluation for

Incredible Years within the next week or two. The team has worked hard to make this extremely easy, quick and painless with a bonus prize draw for you to win shopping vouchers. It would be wonderful to have a great response rate so please fill out and encourage your colleagues to help The Werry Centre find out what the future needs of the Project are likely to be.

The team is busily planning for the upcoming Supervision Days, to catch up and hear your Incredible stories.

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