



Incredible Years in New Zealand An Overview of Progress



Incredible Years Beginnings

- The Werry Centre trained 90 clinicians in Basic Parent Programme in August 2004
- Ingrid Altena employed as Project Leader for The Werry Centre October 2005
- First Accredited Leaders – December 2006
- First New Zealand mentor – September 2008
- First Peer Coaches – November 2009






Incredible Years Progress (2004 - 2011)

- Total trained group leaders 810
- Leaders identifying as Maori 136
- Leaders identifying as Pacific 25
- 26 Accredited Group Leaders
- 6 Trained Peer Coaches (4 Accredited)
- 3 New Zealand mentors

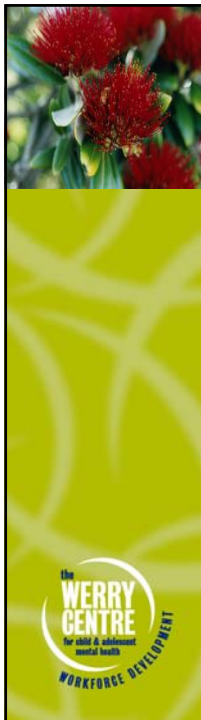




Implementation in New Zealand - not the “train and hope” model!

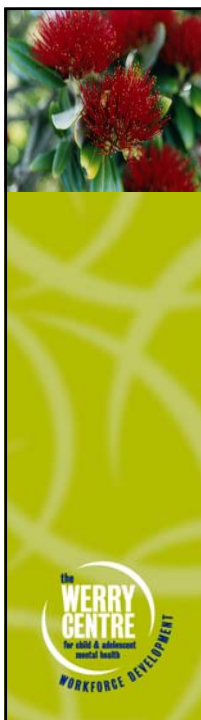
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    graph TD
      A[Attend a 3 Day Basic Training] --> B[Attend Supervision Days]
      B --> C[Accreditation in Incredible Years  
(Werry Centre supported initiative)]
      C --> D[Attend Consultation Days]
      D --> E[Peer Coach Training]
      E --> F[Mentor Training]
    
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The Werry Centre Accreditation Model

- Annual intake of accreditees
- 2 day intensive supervision workshops
- Peer coaches allocated to each accreditee – minimum of 2 coaching sessions over a 12 month period
- DVD reviews and feedback
- Access to electronic discussion forums
- Consultation workshop
- Annual accredited leaders workshops



Accreditation Progress in NZ

- 15 group leaders accredited via the Werry Centre
- 26 group leaders are currently working towards accreditation through the Werry Centre in 2011
- 4 of these current Accreditees are Maori, 4 Pasifika
- Submissions for 2011 cohort of Peer Coach trainees – July 2011 training



Support for Accredited Leaders

- Annual Workshops and Consultations have been held in 2006, 2007, 2008, 2009, 2010, 2011



Cultural Input



Waipapa Marae, Werry Centre - Maori Incredible Years Cultural hui, Jan 2010






Cultural Input for Tangata Whenua

- Cultural hui held annually Jan 2008, 2009, 2010 and scheduled for January 2011
- Marae based Incredible Years Delivery – January 2009 (evaluation available on www.werrycentre.org.nz)
- Waipapa Marae, Auckland – January 2010 (report and resources available on www.werrycentre.org.nz)
- Waipapa Marae, Auckland, 13, 14 April 2011





Pasifika Cultural Input



- Pacific fono held in Auckland, May 2009 and June 2010 – information gathering, shared experiences and presentation by Mercy Drummond and Marina Pouesi
- Auckland has the largest Pacific population in the world so this has been an important focus of The Werry Centre
- Auckland fono scheduled for 18 May 2011






Cultural Leaders Supervision

Supervision Workshops, January 2010, July 2010, November 2010, April 2011 scheduled

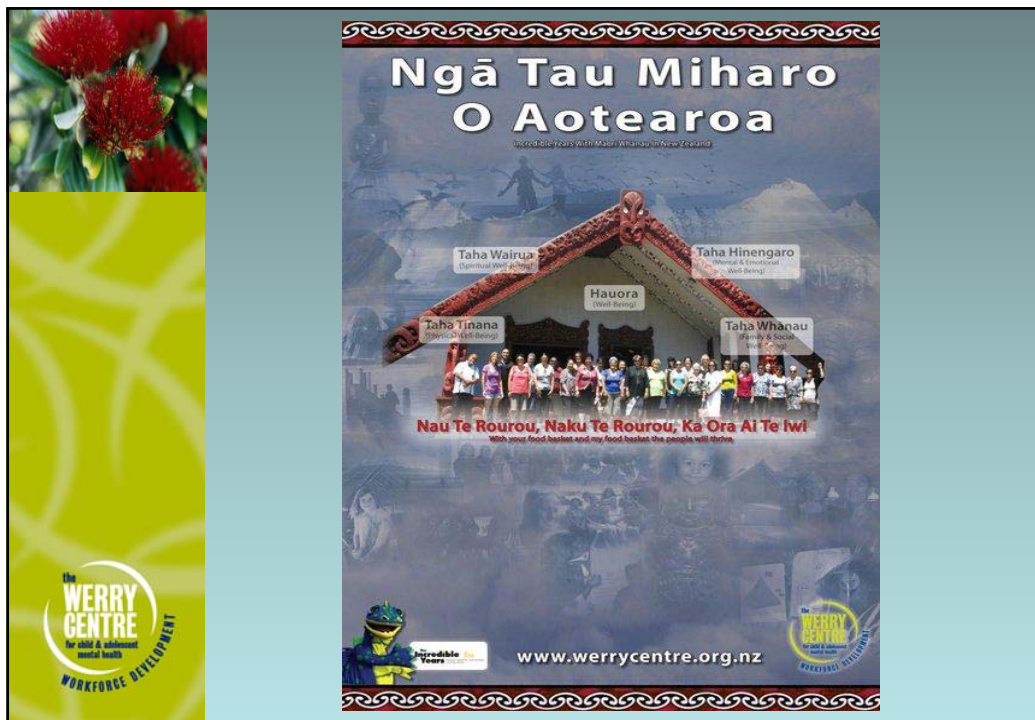


Supervision Day with Tania and Ingrid for Cultural Leaders working towards Accreditation – January 2010



Recent Developments

- Employment of Incredible Years Practice Advisor at Werry Centre, Tania Anstiss
- Development of an IY poster delivering Incredible Years to our indigenous Maori population
- Collaboration with Ministry of Education in Incredible Years Parent Programme delivery



The Werry Centre's Plans for the future include...

- To provide annual Consultation Workshops for Accredited Leaders and Peer Coaches
- To continue to build IY sustainability in New Zealand by supporting Group Leaders working towards Accreditation
- To develop enhanced resources for Maori delivery



The Werry Centre
for Child and Adolescent Mental Health
Workforce Development

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www.werrycentre.org.nz