

Dear

Welcome to the **Incredible Years** programme

We are looking forward to meeting you at (name of venue) for the first session on (date & time).

The Incredible Years is an exciting and interactive programme which parents all over the world and here at Kari Centre have found very helpful with their children, so we think you will also enjoy this group.

We know it is sometimes hard to come along to a group situation where you are not sure what to expect and so we want to reassure you that you will be in a supportive and positive environment, with other parents/caregivers who experience similar difficulties as you with their children.

During the group you will have the opportunity to learn about, practice and refine skills that will help you to reduce your child's difficult behaviours, increase the behaviours you would like to see more of and give you more opportunities to enjoy spending time with your children.

If you have any queries please talk to your case manager or alternatively you are welcome to contact (name of facilitator) at (name of centre).

Yours sincerely



(Incredible Years facilitators)