



The 4th Pacific Child and Adolescent Mental Health and Alcohol and other Drug National Fonon 2009

Presenters: Mercy Drummond

Epenesa Olo Whaanga

Mali Erick,

Sector Day

Wellington 4 December 2009



Talofa lava
Malo e lelei
Kia orana
Fakaalofa lahi atu
Ni sa bula
Malo ni
Ta'alofa
Kia ora
Warm pacific greetings



Werry Centre Project Team

- Tania Wilson – Senior Advisor
- Mali Erick – Pacific Clinical Advisor
- Debbie Tohill - National Manger
- Justine Leef – Executive Assistant



LEVEKI -Advisory Group

- Mark Esekielu – Pacific Trust Canterbury
- Mercy Drummond – Health Pasifika CAFS (Capital and Coast DHB)
- Josephine Gray – Tupu AoD Service (Waitemata DHB)
- Epenesa Olo-Whaanga – Kari Centre (Auckland DHB)
- Joanne Roberts – Vaka toa , Whirinaki (Counties Manukau DHB)



Theme



The word LEVEKI is derived from the Niue language

- LEVEKI = To guard
To care for
To protect
- LEVEKI = security, surety and trustee

What was the purpose of the Fono?

- To bring together Pacific CAMHS/AoD workforce to talanoa.
- Opportunity to celebrate the achievements of pacific workforce.
- Hear some of the challenges in their work.
- Begin the discussion of how to grow both the Pacific workforce and th services.

How did we do it?

- Identify key pacific CAMHS/AoD staff
- Organise an Advisory planning fono
- Invite key people to a planning meeting
- Set up the reference group
- Sent out invitations inviting pacific CAMHS&AoD workforce.

Where was the Fono held and who attended?

- The fono was held at the Ellerslie Convention centre in Auckland.
- 75 pacific participants from 28 different organisations, representatives from CAMHS&AoD, Government agencies and NGOs.

Two questions put forward to the participants.

- *Do we need specific pacific services?*
- *How can we increase access to mental health and alcohol and Other drug services for Pacific children, youth and their families?*

What works now which is different from mainstream services?

- Incorporating pacific values and principles in their practice.
- Pacific youth workers.
- Cultural identity
- Drama-powerful medium, group work.

Challenges

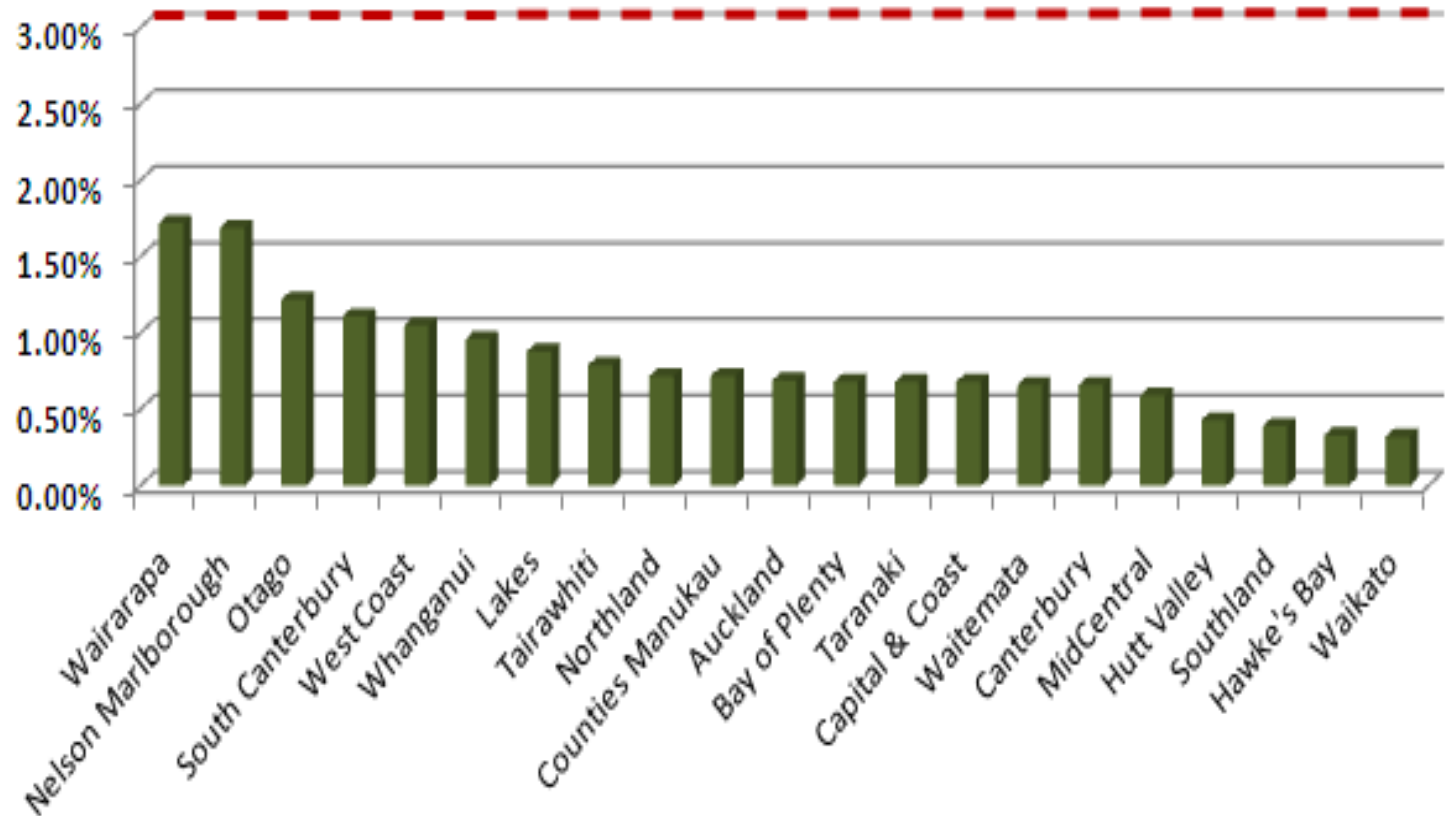
- Recruitment of pacific staff and retention
- Research on cultural knowledge and mental wellbeing and wellness from a pacific perspectives
- Traditional healers input and resource

2005 Pacific CAMHS&AOD 3rd Fono-Highlighted issues

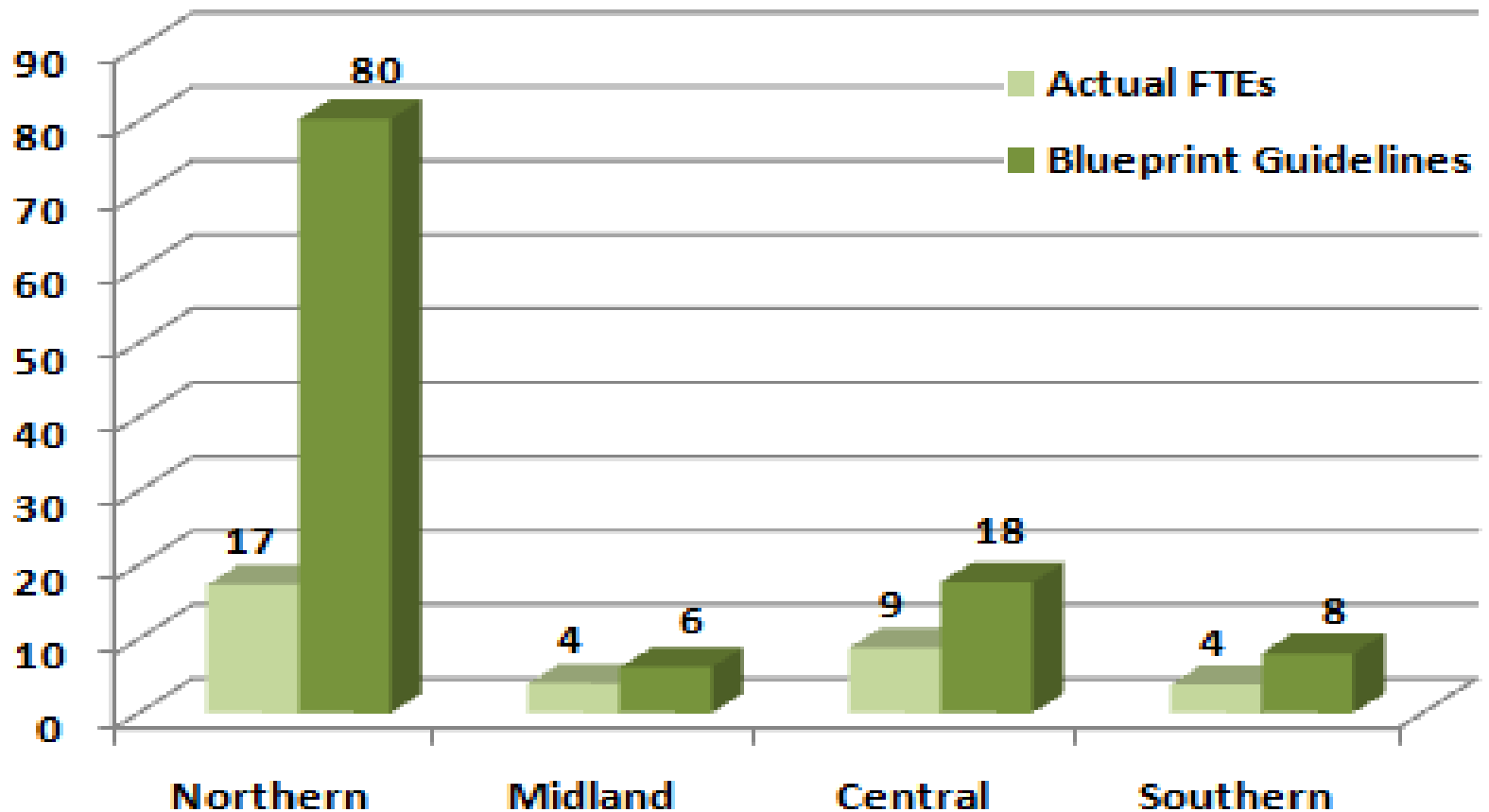
- Access to services is poor
 - Youthful population (58 NZ born, diverse and more than one ethnic group)
 - Lack of services for families of children with mental health issues
 - Lack of culturally appropriate services
 - Need to increase the Pacific workforce
 - Need more Pacific services
 - Cultural and clinical competencies
- NOTE: The issues above was also echoed at the 4th -- National Pacific CAMHS&AOD Fono 2009.

Pacific 0-19 yrs Access Rates by DHB

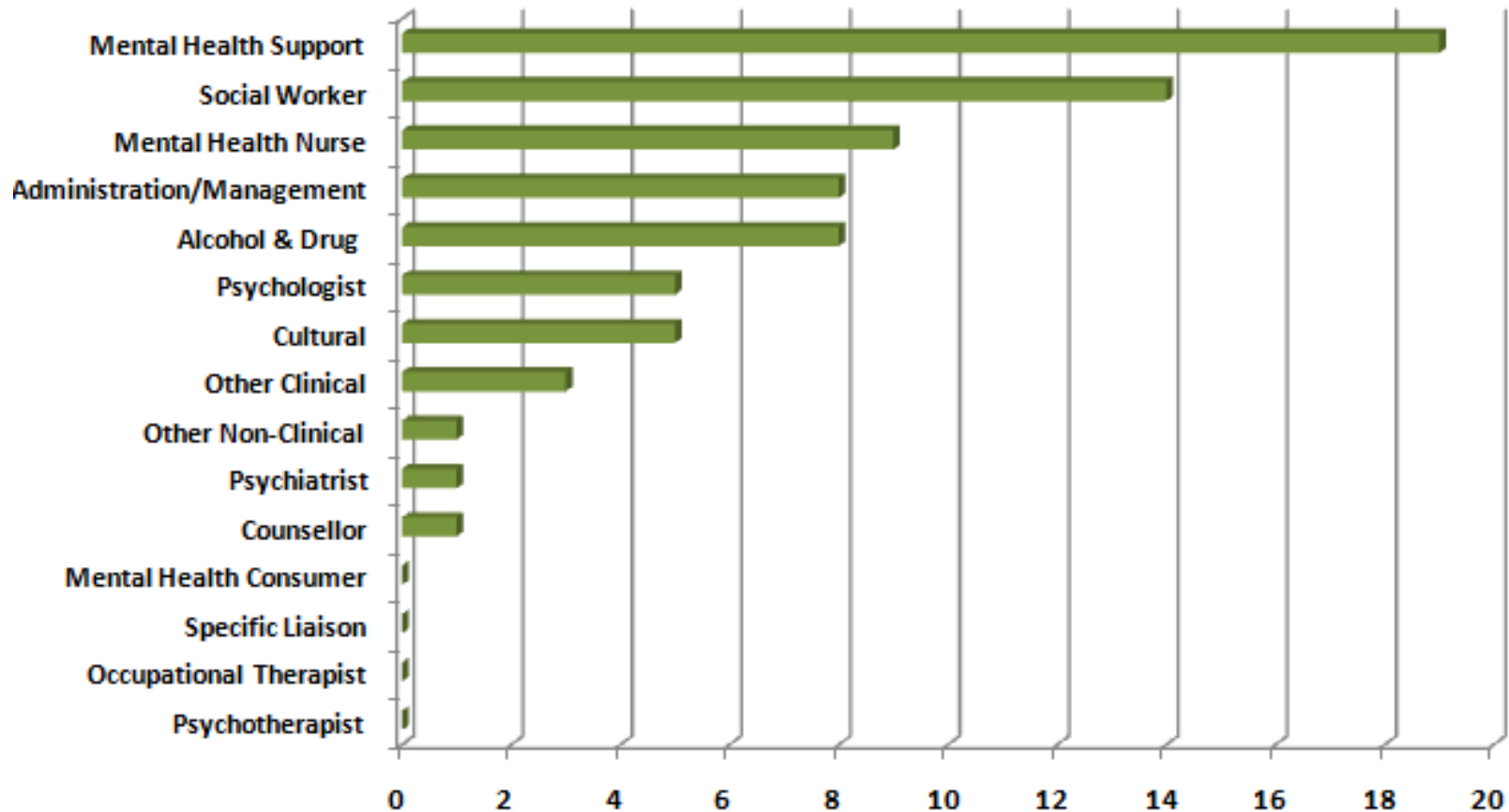
(1st 6 mo 2008)



Pacific Clinical FTEs compared to Blueprint Guidelines (2008)



Total Pacific Workforce by Occupational Group (2008)



Do we need specific Pacific services?

- Definitely need specifically Pasifika services.
- Need culturally responsive mainstream services
- Pasifika for Pasifika-yes
- Choices should be available

How can we increase access?

- Increase accessibility to our service by “**going out**” to them –community outreach.
- Increase mental health awareness
- Inter-sectorial approach
- Need youth workers
- Road show to schools, churches, communities, media coverage.
- Grow the pacific workforce
- Use pasifika languages



Improving responsiveness to Pasifika to increase workforce

- Recruitment selection- panel interview, having a brown face on the interview panel, interview protocol. Have a prayer at the beginning of the interview
- Shoulder tap on people. Offer support and placement.
- Cultural supervision
- Opportunity for cultural supervision.

Evaluation - feed back

- Enjoyed all the presentations
- Very interesting, thought provoking and informative
- Insightful, a knowledgeable day
- Feeling a proud sense of being Pacific with motivation to improve Pacific Islands young people's health.

2009 Fono Recommendations:

- Werry Centre to host a bi-annual child and adolescent mental health fono
- Future pacific fono to be more solution focus
- Werry Centre to continue to support the work on Pacific child and adolescents mental health and alcohol and other drug workforce in response to suggestions from the LEVEKI fono and from the sector



2009 Fono Recommendations cont-

- More Pacific services and Pacific clinicians/workers are needed nationally to give Pacific service users and families options
- To increase access Pacific services and clinicians/workers need to go into communities
- Recruitment strategies need to target both Pacific and non-clinical workforce to ensure dual competency of service
- Pacific Advisory group to remain as a Pacific Advisory group to Werry Centre.



The Werry Centre

for Child and Adolescent Mental Health
Workforce Development

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