

Child and Adolescent Mental Health

New course - Limited places

PSYCHIAT 713 Special Topic: CBT with New Zealand Children, Adolescents and their Families I (Theory and Core Skills)

PSYCHIAT 713

15 points

Semester 1, 2009

5 Days in 2 blocks

Block One: 18, 19 & 20 Feb (9.00am-430pm)

Block Two: 23 & 24 April (9.00am -430pm)

The course will be held in the

Department of Psychological Medicine

The University of Auckland

Level 12, Auckland Hospital Support Building

Grafton

What will be covered?

- Theory and research evidence of CBT with kids and teens.
- CBT model, formulation, core skills techniques and principles with kids and teens.
- Developmental and cultural issues when practicing CBT with kids and teens.

Who will this course be of interest to?

These papers are offered to specialist child and adolescent practitioners who have a professional degree, an interest in CBT and who have knowledge of child assessment, development and psychopathology.

Prerequisites

- Professional degree.
- Child assessment, development and psychopathology papers.
- Minimum of one day, CBT practise (ability to record).
- Competency in basic CBT.
- External practise supervision.



Costs

Approx \$780.00 per 15 point

Assessment

Case studies, videotapes, literature review.

Course Coordinator

Tania Cargo Tel: 021 143 0399

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Register your interest NOW:

First Paper Starts Semester 1, 2009

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THE UNIVERSITY
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FACULTY OF MEDICAL
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