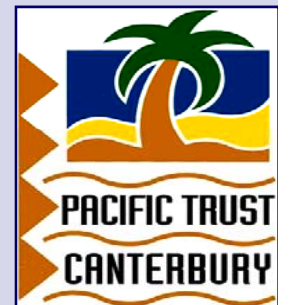


Pacific Trust Canterbury

Kia orana, Talofa lava, Malo e lelei,
Ni sa bula vinaka,
Fakaalofa lahi atu, Mauri, Taloha ni,
Halo Olaketa



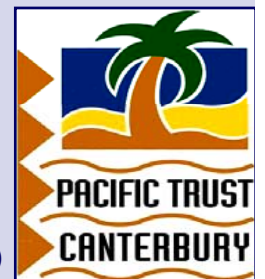
Pacific Trust CanterburyCAMHS

- Mountain - NZ, Sector
- Tree – Pacific Trust Canterbury,
- Canoe – Clinician, CSW

Christchurch Population in 2006

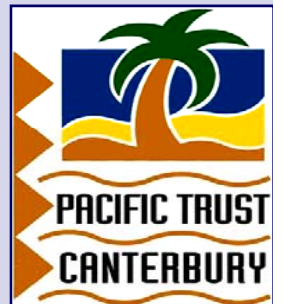
- NZ/Euro 82% 295,095
 - Asian 7.4% 26,631
 - Maori 7.2% 25,725
 - Pacific 2.6% 9,465
 - Other 0.8% 2,964
-
- 0 -19 population
 - Pacific 4.9% of 0 – 19 population of Chch
 - This represents 48% of Pacific population in Christchurch

(NZ Statistics, 2006 Census)

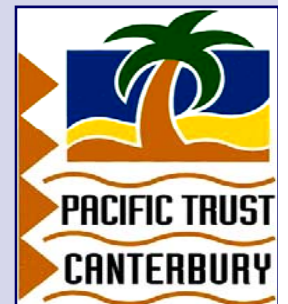
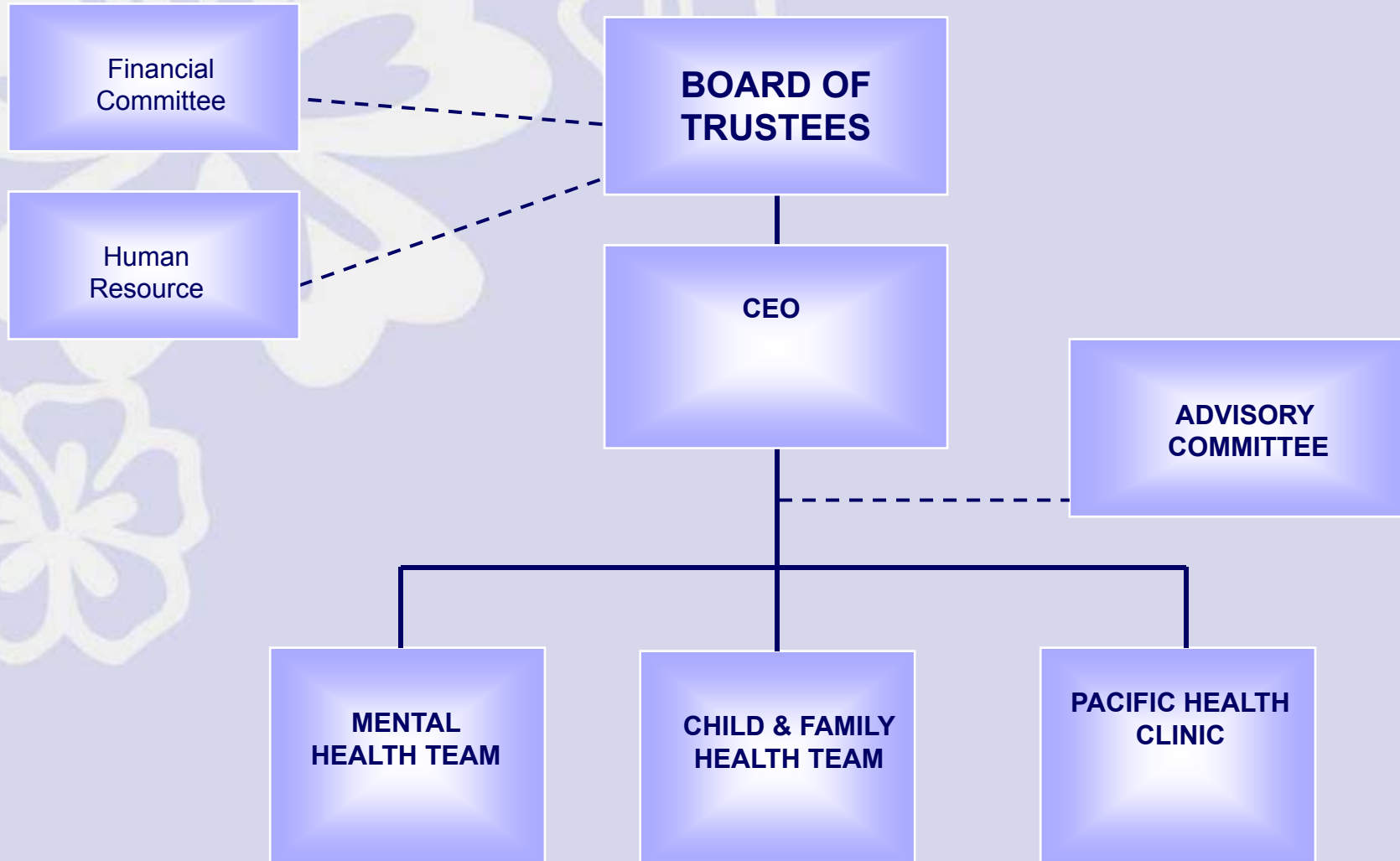


Pacific Trust Canterbury

- Established in 1999
- Board of Trustees
- Community Services
- GP Services
- Pacific Workforce - 35

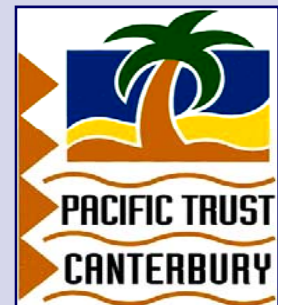


PTC Organisation Chart



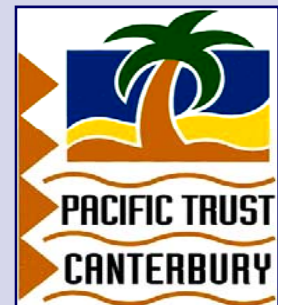
Child & Family Health Team...

- Well Child Services
- Outreach Immunisation
- Outreach B4School
- Mothers & Pepe
- SKIP
- Social Work Service



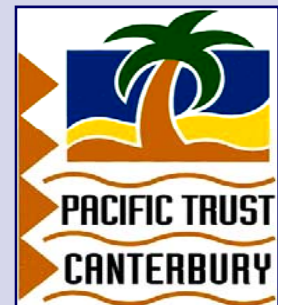
Primary Health and Health Promotions

- GP Clinic
- Service to Improve Access
- Refugee and Migrants
- Community Nurse
- Pacific Health and Nutrition
- Smoking Cessation



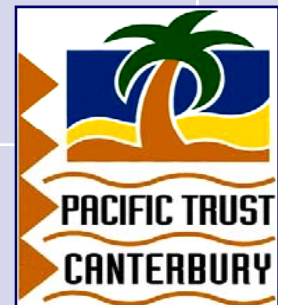
Mental Health, Addictions and Like Minds Like Mine Team

- Adult Mental Health and Addictions
- Child and Youth Mental Health and Addictions
- Like Minds Like Mine



Child and Youth Mental Health and Addictions

- Mental Health 0 -19 years – Clinician, 2 CSW
- Alcohol & Other Drug 13 – 25 years – 1 AOD worker
- Intersectorial Work - CYF, MoE, SMHS

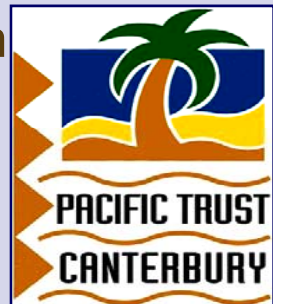


Prevalence Rates

- Pacific youth 16–24 yrs had only slightly higher 12-month prevalence of any disorder (29.0 percent compared to 28.6 percent), & serious disorder (7.5 percent compared to 7.2 percent), than the total New Zealand population.
- Youth2000 survey - 20% of Pacific secondary school students reported suffering depressive symptoms that were considered to be serious and in need of professional assistance. Compared 16.2% Maori & 11.7% NZ Euro students (Adolescent Health Research Group 2004).

Use of services by children and youth

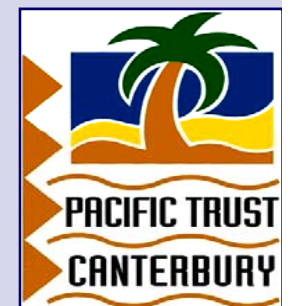
- 2003 stocktake of child and adolescent mental health services,
- Pacific peoples made up only 2.9 percent of all mental health clients aged 0–19 years (Ramage et al 2005). At that time, Pacific peoples made up 8.5 percent of the total New Zealand under-20 population
- Pacific children and youth were significantly under-represented as users of mental health services.



Pacific Access 0–19 years Access rates by region

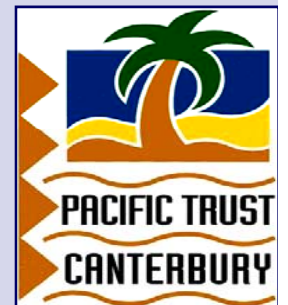
Regional Pacific Access Rates	Year		
	2006	2007	2008
Northern	0.65%	0.70%	0.70%
Midland	0.30%	0.61%	0.52%
Central	0.60%	0.53%	0.59%
Southern	0.73%	0.99%	0.85%
Total	0.63%	0.69%	0.68%

2008 Stocktake of CAMHS NZ (Werry Centre)



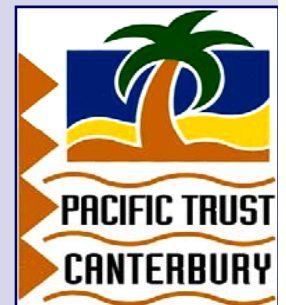
Challenges

- Unknown target population (Te Rau Hinengaro 2006 16> High prevalence with low access)
- No Pacific Provider arm & poor understanding of how to work with Pacific
- Working from a Pacific paradigm/ pedagogy/ theoretical underpinning



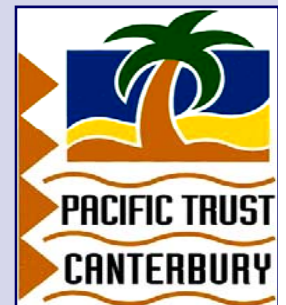
Way forward

- Cast net wider: Work with mild to moderate
- Integrated services (Primary Health Clinic, Child and Family Service)
- Access hard to reach populations (Mothers & Babies) Well Child, Social Work.
- Consult /Liaison – PTC with Specialist Mental Health Service
- Improve how Mainstream work with Pacific from SMH to F&P
- Develop Pacific way – e.g. Le Ala (ALAC)



What do we need?

- All levels - research and evaluation, training and development
- Mountain - Robust and reliable information to inform planning for our Sector, Region, Service to improve quality of services
- Tree - recruitment and retention, organisational development
- Canoe - Clinically and Culturally competent Pacific workforce.



References

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- Ministry of Health (2008). *Pacific People and Mental Health, a paper for the Pacific Health and Disability Action Plan Review*
- Oakley Browne M, Wells J, Scott K (eds). 2006. *Te Rau Hinengaro: The New Zealand Mental Health Survey*. Wellington: Ministry of Health.
- Ramage C, Bir J, Towns A, et al. 2005. *Stocktake of Child and Adolescent Mental Health Services in New Zealand*. Auckland: Werry Centre for Child and Adolescent Mental Health Workforce Development, University of Auckland.
- (2008) *Stocktake of Child and Adolescent Mental Health Services in New Zealand*. Auckland: Werry Centre for Child and Adolescent Mental Health Workforce Development, University of Auckland (Yet to be published)

